



GRIP CAPS



Grip Caps are designed to work with any rubber tips that have a 2 in diameter base (for example Tornado Tips.)

When a slippery surface, such as wet wood, ice or packed snow is encountered, the Grip Caps can be applied, as follows:

- Using gloves, or a cloth, to protect the hands from the sharp-edged ice screws, press the cap partially on to the bottom of the rubber tip.
- Place the tip on the ground and use body weight to press the caps fully on. The caps should come up to the indentation line on the side of the Tornado Tip.
- If the cap isn't positioned straight on the tip, apply weight down through the SideStix, concentrating on the side that is most raised.
- Once the Grip Caps are fairly well seated, walking for a little while will drive them home all the way.

When it's time to remove the Grip Caps (either to go indoors, or when coming to a smooth / polished floor surface):

- Use the blue-handled SideStix Allen key (or equivalent). Wiggle / push the shaft through the hole in the side of the Grip Cap approximately 1 inch (2.5cm).
- Using a prying / levering motion, pry the caps off.
- Be sure to dry off the bottom of the rubber tips, before continuing to walk.

Note: These Grip Caps **MUST NOT** be used on tile, polished concrete, or any surface that will prevent the ice screws from getting a good 'bite'!

This could lead to the Grip Caps 'skating' on the surface, potentially resulting in a fall.